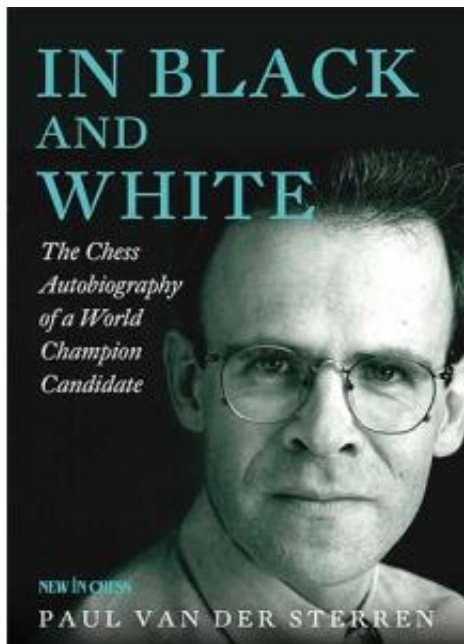


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In Black and White. The Chess Autobiography of a World Champion Candidate by Paul van der Sterren (miękka okładka)

Cena	144,00 zł
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Opis produktu

Wersja językowa - angielska. Miękka okładka. 768 stron.

In Black and White is probably the most honest autobiography ever published by a chess grandmaster. It covers Paul van der Sterren's rise to the chess elite, but above all, his struggle to become a better player, his insecurities and the difficulties he encountered.

This book provides a hugely illuminating insight into the life of a chess professional, but there is a lot in his story that will resonate with players of any level. From his first moves on the chess board to his Candidates Match against Gata Kamsky, only four steps away from the World title - everything is described in great detail and with the utmost frankness by the Dutch grandmaster. The story doesn't end there - the book's final part describes the slow decline of an ageing pro and his eventual shift to meditation and mindfulness.

The Dutch edition of *In Black and White*, which contains more than 300 deeply analysed games and fragments, was published in 2011 and has achieved cult status. With this English translation, it will finally get a well-deserved wider audience.

Paul van der Sterren (1956) was a professional chess player for over twenty years. He won the Dutch Championship in 1985 and 1993 and played for the Dutch team at eight Olympiads. Van der Sterren lost to Gata Kamsky after a great fight in a Candidates Match in 1994. He has written several chess books, of which *Fundamental Chess Openings* (2009) is the best known. In Dutch, he has also written several books on mindfulness.

Reviews

Gert Ligterink (de Volkskrant)

""A breathtaking read, full of wonderful stories and instructive chess games.""

GM Matthew Sadler (New In Chess magazine)

"...this is a magnificent story that will forever burn brightly in my mind as the finest account of what it was like to be a living, breathing chess player in the pre-computer age."

[\(full review\)](#)