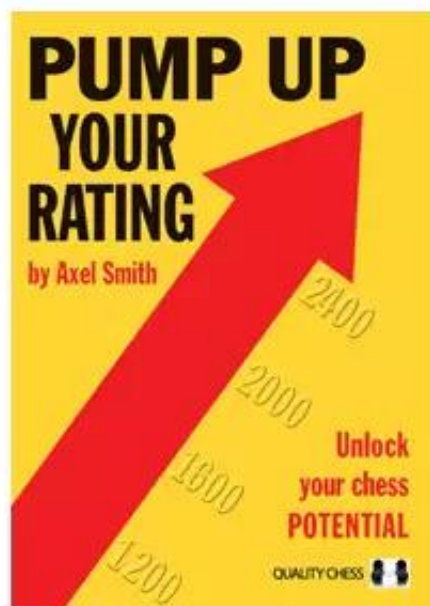


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Pump Up Your Rating by Axel Smith (miękka okładka)

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Any man in the street knows how to increase his physical strength, but among most chess players confusion reigns when it comes to improving their playing strength. Axel Smith's training methods have guided his friends, teammates and pupils to grandmaster norms and titles. Hard work will be required, but Axel Smith knows how you can **Pump Up Your Rating**.

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International Master **Axel Smith** from Sweden has had great success as a coach. Using his methods on himself, in the space of two years he boosted his rating from 2093 to 2458. He is now closing in on the Grandmaster title.

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The author has started a blog in which he shares some of his experiences as a chess coach and discusses the progress of his pupils - [Pump Up Your Rating blog](#)